

Come home to
PARADISE

*Coast and fishing villages
in Asturias*



Introduction

#AsturianCoast

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greenspains

The spirit of the North



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Boats in Gueirúa (Cudillero)

Sunrise on the beach, a walk accompanied by the murmuring of the salty breeze, the horizon from the clifftops, the heat of the sun, footprints on the wet sand, submerging yourself in the waves, the raging sea, the flavours of the fish and seafood at a sea port, sailing in a pleasure boat, a trip to the age of the dinosaurs, sunset at the lighthouse with the sound of the seagulls... The coast of the Natural Paradise offers you a thousand sensations.

The Cantabrian Sea has shaped all the corners of the coastline of Asturias, moulding its landscape and marking the character of its people, with generations of families linked to the professions of the sea who have now become the best hosts for transmitting the history, customs, heritage and natural riches of this impressive and abrupt coastline, which is a tourist reference in the north of Spain.

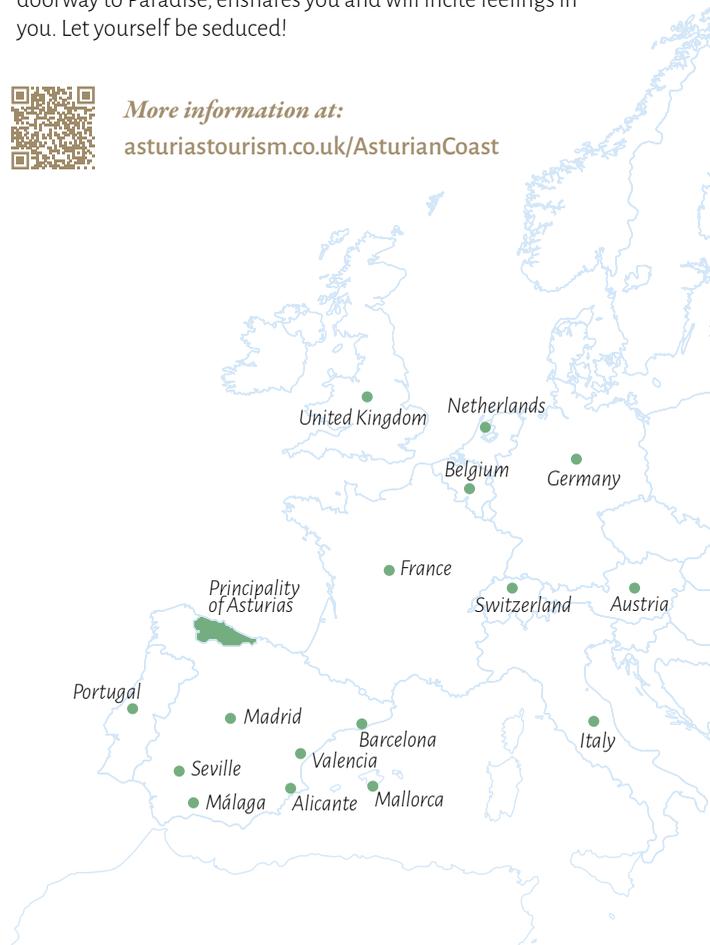
The Principality offers you a plethora of opportunities to enjoy from East to West: enchanting fishing villages, watchtowers that illuminate stories and legends, warfare strongholds, traditional fishing ports and accessible recreational areas, dreamy estuaries, spaces to practice sport, unique sandbanks for relaxing...

The intense colours of nature and the Cantabrian Sea merge in every nook and cranny of the Green Coast. This coastline, a doorway to Paradise, ensnares you and will incite feelings in you. Let yourself be seduced!



More information at:

asturiastourism.co.uk/AsturianCoast



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A legendary coastline*



The Cantabrian sea bathes the four hundred and one kilometres of the coast of Asturias, a land of families of fishermen and the passing of pilgrims for centuries that has now been turned into a tourist destination that you may fall in love with. Eighteen fishing villages, over two hundred beaches, watchtowers, abrupt cliffs, lookouts and spaces for surfing, fishing, sailing, scuba diving and hillwalking pepper a coastline sculpted capriciously and grandiosely due to the force of the waves, which has inspired writers and painters, which has borne witness to historic events and movie scenes.

The sea of the Natural Paradise

#AsturianCoast

The 14,042 hectares of Asturian coastline between Castropol and Bustio can claim to be the best preserved in the country, according to a study by Greenpeace. Thanks to the unique Asturian terrain, you will enjoy a trip of contrasts between the sea and the mountains. The best example will be found on the Eastern coast, where the Picos de Europa descend towards the Cantabrian in barely twenty kilometres.

The seaside towns preserve an important fishing tradition. Depending on the time of year, small and medium sized boats go fishing and moor up to unload produce such as sardines, line-caught hake, *pixín* (anglerfish) and white seabream and seafood such as *andaricas* (velvet crabs), *bugre* (lobster), *oricios* (sea urchins) and barnacles. Products that have given rise to professions such as net mending and canning. Visit the 'rulas', where you can witness an animated auction before going to the market and the museums about the sea.



Bayas Beach (Castrillón)



Marine gastronomy

The presence of whales on the Asturian coast left its mark on the towns, as it has been an important source of wealth since the 13th century.

In the coldest months they can be spied from the coast. Between six and eight men used to leave the ports in their vessels to capture the cetacean.

The Asturian coast also preserves ichnites, footprints of dinosaurs that we can find between Gijón and Ribadesella. There are even those who talk of mythological characters such as *les serenes* (mermaids), who used to trick the fishermen with their sweet voice; *l'Home Marín* (the ocean man), a triton who roamed the coastline and *los espumeros*, small, playful sea spirits with a human appearance.



Avilés Lighthouse

You will be captivated by the lighthouses, built where, in the past, boats were guided with stakes, and cliffs like Peñes, from which point you will be able to make out the Avilés Estuary and Gijón/Xixón port on clear days. Delve into the surroundings of the Eo, Navia, Nalón, Avilés, Villaviciosa, Ribadesella/Ribeseya and Tina Mayor estuaries too.

Each Asturian beach surprises due to its uniqueness.

Sandbanks for spending a peaceful day with the family that are accessible and especially attractive due to their beauty, even declared natural monuments and for trying unique experiences in the water, surfing on a surf board, with a scuba diving team...

You will find among the great pleasures of Asturias, its gastronomy. Come to enjoy the hospitality of the coast and its fresh products.

The coastline is peppered with enchanting traditional hotel businesses, recognised with marks of quality such as "Mesas de Asturias" (a quality brand that recognise the mastery and quality of the dishes and good service in some restaurants) and "Sidrerías de Asturias" (a quality mark that includes traditional Asturian bars where the main drink is cider), or with the distinction of Michelin Stars.



Relaxation on the coast



The Partial Nature Reserve of Barayo



Buelna Beach (Llanes)

During the whole year, the towns of the Cantabrian celebrate their most emblematic inhabitants with gastronomic days for fish and seafood, such as, for example, the Elver Festival in Sotu and the Sardine Festival in Carreño, declared of Regional Tourist Interest.

These celebrations are added to local ones of relevance such as San Roque and the Virgen de la Guía, in Llanes; Nuestra Señora del Rosario, in Luarca/L.uarca, and L'Amuravela, in Cudillero. As for sporting events, noteworthy for their importance are the International Descent of the River Sella, of International Tourist Interest, and the Navia Estuary Swim, of national relevance.



L'Amuravela Celebrations

A delight in each town

In any nook and cranny of the eighteen fishing villages of Asturias, you will breathe in the Cantabrian breeze. These picturesque, enchanting towns, with a long fishing and canning tradition, captivate you with the uniqueness of their ports, their seaside walks and their lighthouses and, of course, their people and their food.

Castropol

Perched high on a hill bathed by the Eo estuary, enjoy this fishing village which was awarded the Exemplary Town of Asturias Prize by the Prince of Asturias Foundation in 1997.

By the coast, the famous oysters are cultivated and you can experience a guided tour of the world of aquaculture. It tells the legend that in the depths of these waters, two Spanish ships are preserved loaded with jewels. Wander through the beautiful old quarter, declared a Site of Cultural Interest and full of palatial homes such as that of the Valledors and the marquis of Santa Cruz de Marcenado. Go to the Eo Estuary Interpretation Centre to become steeped in the history, culture, flora and fauna of this protected environment. Other places of special interest due to their beauty and charm are the marina, Vicente Loriente park, Mirandilla lookout, Santa María del Campo Chapel (the only one that was saved in the fire of 1587 that demolished the town) and its many examples of Indian architecture. An unmissable event is the Corpus festival, when its streets are adorned with beautiful, colourful floral rugs, declared to be of Tourist Interest.



Castropol

As Figueiras (Castropol)



As Figueiras

As Figueiras's privileged location in the middle of the Eo estuary makes it a town with spectacular views.

At the foot of Los Santos bridge, from its small fishing port you will enjoy a picture-perfect view. This serene, special town has a long fishing and canning tradition, which has declined in favour of the industry that stands out more today, shipbuilding. The first references to the latter in this spot date back to the 17th century. Its steep streets serve as a transition between the seaside houses, in the lower part of the town, and the wealthier ones in the watchtower. Visit its lookouts, the enchanting port -the centre of social and economic life, surrounded by small coves-, the building of the Fishermen's Association, the Clock Tower and San Román Chapel, built in the 19th century at the expense of the Sea Merchant's Guild. And make the most of the walk to discover the Palace of the Pardo Donlebún family and the Peñalba mansion, built at the beginning of the 20th century by the military architect Ángel Arbex, one of Gaudí's protégés that integrates art nouveau into Indies architecture.

Tapia

Discover one of the most beautiful, touristic fishing towns of Western Asturias, with whaling origins, where corn from America first landed in Asturias at its port in 1600 (a replica of the ark is found in the Los Señores de las Casa Palacio reception centre).



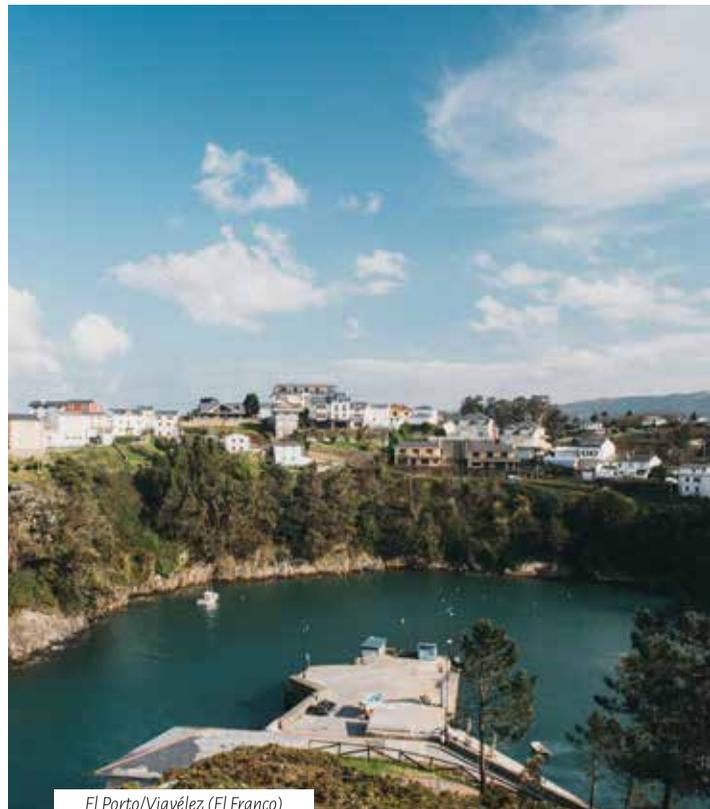
Tapia

Tapia stands out due to its strong link to fishing and the canning industry. Discover its beautiful fishing port and marina and experience a live auction at the 'rula'. Take a seat on the terraces of the bars and restaurants of the quay and admire, with the characteristic sound of the seagulls in the background, the picturesque view of its moored fleet, the island lighthouse and the outer breakwaters, a nineteenth-century piece by Fernando Fernández-Casariego, the marquis of Casariego. Climb up to the fishing neighbourhood of San Sebastián, head to San Blas, the oldest area of the town, and wander around La Guardia to see impressive views of the Cantabrian from Os Cañóis lookout. Tapia, additionally, is considered the birthplace of surfing in Asturias, and its beach, one of the best for enjoying the sun and the sea. In the warmer months, you can take a dip in the salt water pool of the old fish farm and in August, enjoy the Interceltic Festival of the West, declared to be of Tourist Interest.

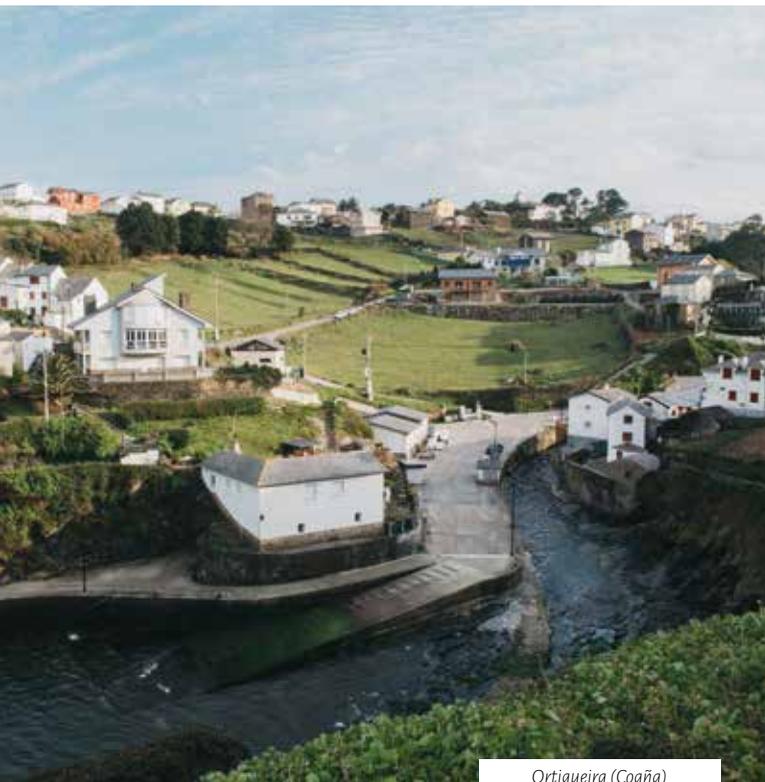
El Porto/Viavélez

This beautiful fishing town, situated in the municipality of El Franco, has travelled the whole world thanks to the novels of its "favourite daughter" Corín Tellado, who has one of the most beautiful streets in the town named after her, which stems from the Fishermen's Association building and is where you will find her family home.

Hidden and picturesque, El Porto/Viavélez preserves its traditional character and its seaside charm with a small fishing port and houses that are typical of Western Asturias. Despite its current peacefulness, for centuries, its port took on a predominant role in whale fishing, and its shipyard, famous for building the fastest brigantines in the whole of the Asturian coast, ended its activity in the 19th century. This made way for a renovation of the quay as it looks today. Take a nice walk through this relaxing town impregnated in all its nooks and crannies with the Cantabrian sea, climb to El Porto/Viavélez lookout to observe a spectacular panorama of the Cantabrian and look for the sculpture named "Litoral", (Coast) by Ernesto Knörr.



El Porto/Viavélez (El Franco)



Ortigueira (Coaña)

Ortigueira

At just twenty metres above sea level, this small fishing village on the West coast, in the municipality of Coaña, first emerged with the sailors' houses nestled in the slopes of a small valley that merges into the Cantabrian.

Its tradition comes from whale hunting and lobster fishing, a profession that occupied several generations for centuries. After years of docking on a flat rock greatly thrashed by the sea, the picturesque port of El Ribeiro was built. Delve into the delights of its homes invaded by the spirit of the sea, and, in the higher part of the town, the Indiana architecture constructions, all with splendid views of the sea. The "Quinta Jardón" is also an obligatory stop, a symbol of the progress promoted by this benefactor family of the town from the 19th century onwards that has one of the best-preserved gardens of French influence in the Principality. You will enjoy a beautiful walk to the two lighthouses, the old one, that works peculiarly with a solar valve and the modern one. It also preserves the bell, which was rung when boats passed along the coast, the chapel, and you will see the monument for remembering those who lost their life in the Cantabrian. And if you feel like making an escape, go to Coaña Hill Fort!

Navia

The estuary of the town, that flows out between the cove of San Agustín and Penafurada, has marked the character of its inhabitants, settled mainly on its right bank.

Navia offers you heaps of possibilities for tourism and leisure due to its rich monumental, ethnographic and artistic heritage and its great social activity. The port is a fundamental enclave of life in this town, where you will find everything from small vessels to other larger ones and its notable naval fleet. Discover the adapted seaside walk and enjoy some beautiful views of the beach. Don't forget to visit its old quarter, with remains of the wall which is today the commercial hub of the surrounding area, and the different monuments dedicated to the emigrant, where a seagull that defied the ferocity of the ocean rests, to the universal poet from Navia, Ramón de Campoamor and to Rafael Calzada, the driver of modernisation in the town. Let yourself be enticed with a trip in time through its Indiana buildings such as the Casino, the Arias Palace and the Pérez Casadoiro Palace. In summer, enjoy the popular International Estuary Swim, declared a Celebration of National Tourist Interest. Take the opportunity to taste the *Venera* cake, its most traditional dessert, made with almonds, sugar and egg.

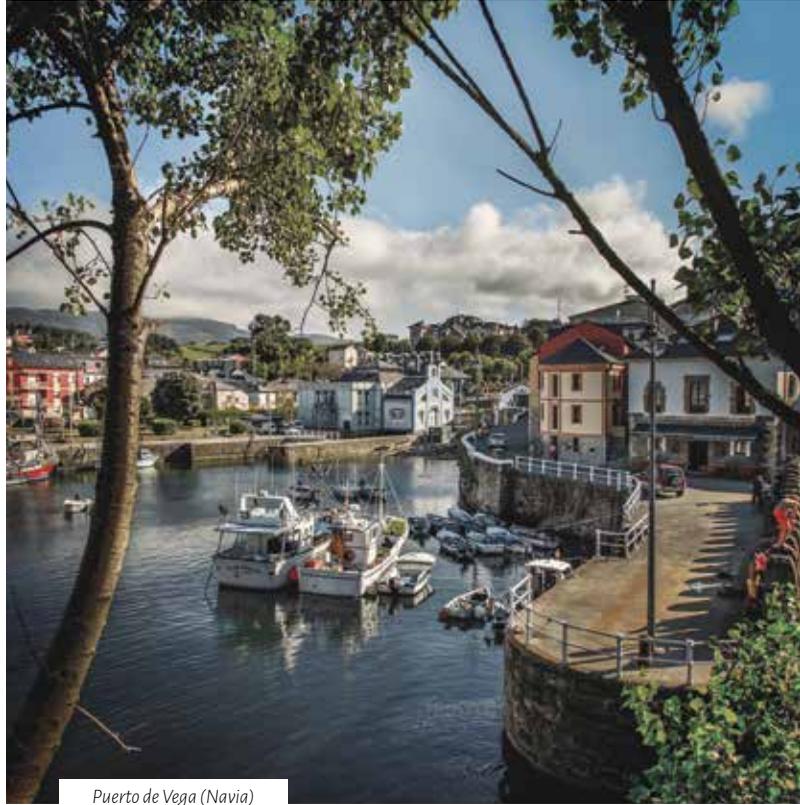


Navia

Puerto de Vega

It is one of the fishing towns of the West coast with the most well-preserved traditions, and one of the most romantic, a favourite spot for poets and painters.

Its active port offers you an enchanting view, with its moored fleet, made up of small vessels made of wood that go out to sea daily, bordered by typical fishermen houses, manor houses, Indies houses and modern buildings. Numerous symbols and monuments recall the grandeur of its past and its starring role in important episodes, such as the fortification, in 1776, and the death of the erudite Gaspar Melchor de Jovellanos in Trelles Manor in 1811, after seeking refuge in the town because of a storm. Discover the well-maintained nooks and crannies of this town, awarded with the Exemplary Town of Asturias Prize in 1995. Don't forget to visit the fish market and the "Historias del Mar" Interpretation Centre (entrance door to the tourist region of the Navia Historic Park). If you want to be steeped in rural traditions, its fishing and canning industry and its migratory flows, head to Juan Pérez Villamil Ethnographic Museum. The town as well as its gastronomy will fascinate you!



Puerto de Vega (Navia)



Lluarca/Lluarca (Valdés)

Lluarca/Lluarca

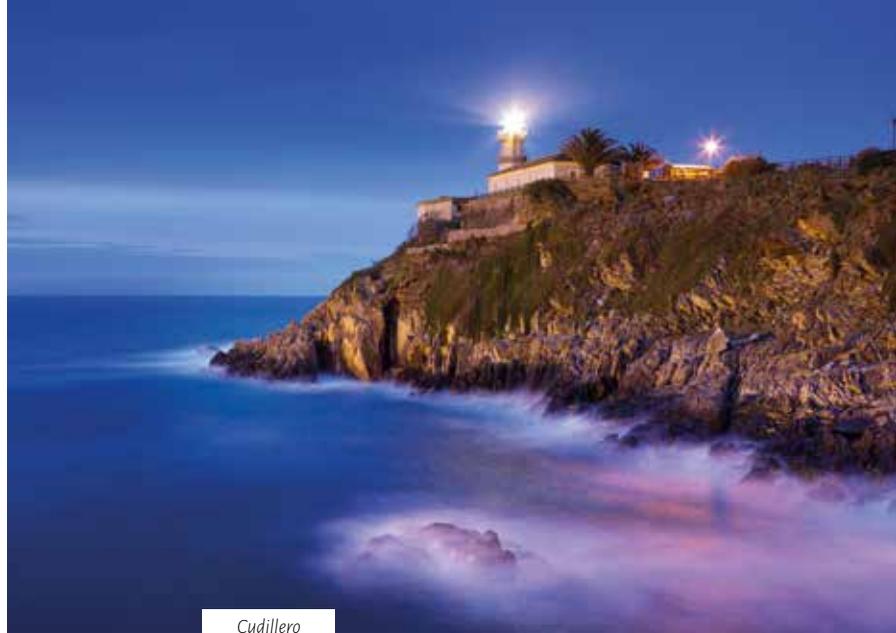
Known as the White Town on the Green Coast, Lluarca/Lluarca invites you to take a walk around the lookouts of its fishing port.

The Indies houses from Villar offer you a journey through the residences of the Asturians who emigrated to the Indies and returned with a fortune. Walk along the watchtower, where the natives used to meet to light fires and guide boats before building the lighthouse at Focicón Point in 1862, and the cemetery on the hill, considered one of the most beautiful in Spain due to its spectacular views of the sea where the remains of the Nobel Prize of Medicine-winner Severo Ochoa rest. Very nearby is the Mesa de los Mareantes, where the old sailors used to debate the convenience of going out to sea according to the severity of the weather. Discover the El Cambaral fishermen neighbourhood, the *Parque de la Vida* park, where you can get to know land, space and sea better in a route of almost two kilometres, and the gardens of the Fonte Baixa, considered the largest private botanic gardens in Spain. And of course, after nosing at the arrival and departure of boats, don't forget to enjoy its restaurants on the seashore. In August, Lluarca/Lluarca celebrates two unavoidable dates, Nuestra Señora del Rosario and San Timoteo, declared to be of Tourist Interest.

Cudillero

Its colourfulness and its staggered shape turn Cudillero, with an amphitheatre that is unique in Asturias, into one of the most charming towns on the Asturian coast.

With narrow alleys and hanging houses, the “pixueta” town still maintains its customs that will attract your attention, such as the small sharks that hang from the fronts of the sailors’ homes for the drying process, that receive the name of “curadillo”. A gastronomic and cultural symbol of a town that has now become a tourist reference and that celebrates the famous LAmuravela celebrations where coinciding with San Pedro, on 29th July, a poem is recited in “pixueto”, the local tongue, in which the most notable events of the year in the town and its surroundings are reviewed. Wander through



Cudillero

the port that led to Hollywood with the Oscar-winning film “Begin the Beguine” and the lighthouse and get close to Humilladero Chapel, its charming gothic jewel. Amuse yourself with the contrasts between the high part of the town, dedicated more to agriculture, and the lower part, centred on fishing and tourism and enjoy its flavours, mainly of a delicious fish, on the terraces of the port. Making the most of your stay, we recommend a visit to Los Selgas Palace, a splendid ensemble built at the end of the 19th century, christened the “Asturian Versailles”.

San Esteban

A colony of artists at the beginning of 1900, among whom the poet Rubén Darío was holidaying, the unique industrial and Indiana architecture are integrated in this charming and serene town at the mouth of the river Nalón, on the left bank of the estuary.

San Esteban was the first and only coal port of Spain, in the middle of the industry’s boom period in the 20th century, and it offloaded the mineral for the steel industry. Delve into history thanks to its restored cranes and the loading docks of its ports, focused today on fishing and recreational activity and declared of Historic-Industrial Interest. Its night lighting will surprise you. The popular Lookout Route has some spectacular views of the estuary and its surroundings, and it combines historic-industrial elements that will give you a good idea of the splendour of the town in the last century when you follow its fishermen paths “caleyas” (village paths) and railway tracks and observe the heritage of this splendid period. Gather your strength and get ready to climb the 420 steps of the Holy Spirit lookout to observe a really spectacular panorama, and continue to the Aguilar Beach, with unique waters, the same as those of its salt pool.



San Esteban (Muros de Nalón)



L'Arena/San Juan de la Arena (Soto del Barco)

L'Arena

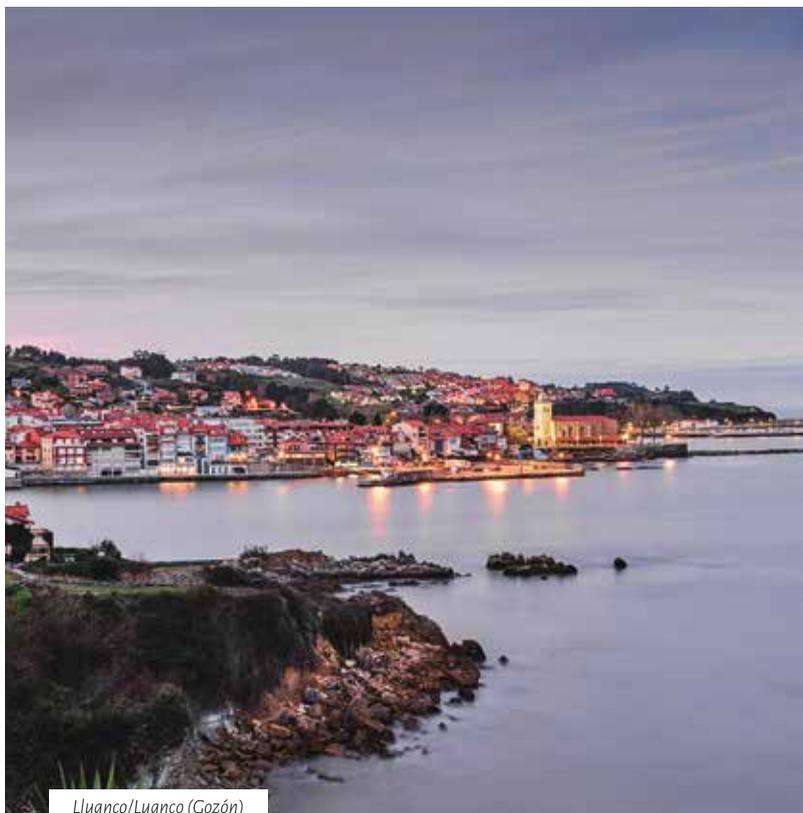
The fishing of the elver is the indisputable protagonist of this fishing village and its gastronomy.

L'Arena is proud of its long fishing and canning tradition, as is reflected in its popular procession of 24 June and during the whole year in the "Puerta del Mar" Nalón River Estuary Interpretation Centre. Head there and you will learn about the professions linked to the sea and the estuary, as well as everything related to the biological cycle of the elver. The gastronomic festival of the first weekend of March, of Regional Tourist Interest also revolves around the elver. L'Arena surprises with its beauty and tranquility, so relax whilst observing the rising of the tide from its port or the sunsets on the estuary. To walk around its seaside facade is to evoke the past, that the poet Rubén Darío and the painter Joaquín Sorolla reflected very well. You can't leave L'Arena without visiting Los Quebrantos Beach, ideal for surfing, and climbing up to El Pozaco Point lookout, from which it is possible to observe a good part of the Western Asturian coast, from the island of la Deva, a Natural Monument, to Vidio cape.

Lluanco / Luanco

The fishing tradition hangs in the air in all the nooks and crannies of this picturesque, touristic town close to Peñes.

Its port served as shelter for its great fleet, dedicated initially to hunting whales which developed into the catching of long-finned tuna, sardines, xarda (mackerel), pixín (monkfish), spider crabs, andaricas (velvet crabs) and barnacles, and the canning industry. A tradition that gave rise to the Maritime Museum of Asturias, the dean of the museums of the Principality (it was founded in 1948), an icon of the culture linked to the sea with models of fishing vessels, gear and equipment, a journey through the evolution of sailing, nautical charts and a wide selection of the flora and fauna of the Cantabrian. Discover its old quarter and photograph yourself with the Clock Tower, one of the few examples of public architecture from the 18th century that has been used as a watchtower, a prison and a storage place. Taste its popular dishes and enjoy its spectacular view and its beaches. Discover its marvellous seaside walk, where at the end of La Marina beach, you will find Santa María Church, inside of which you will find the Cristo del Socorro, that, according to tradition, saved some sailors native to Luanco from a storm in the 17th century.



Lluanco/Luanco (Gozón)

Candás

Candás can claim to have a long fishing and canning tradition, as well as a great tourist attractiveness.



Candás (Carreño)

This fishing village is one of the northernmost villages on the Iberian Peninsula. Visitors can enjoy its port, formerly one of the most important on the Cantabrian coast, the seaside walk, the lighthouse, the Antón Museum sculpture centre, offering works by Antonio Rodríguez García and its “clariniana” routes, offering literary-tourism experiences based on the famous writer Leopoldo Alas, “Clarín”. Take a moment to visit the monument “*El pleito de los delfines*” (the dolphins dispute), an emblem of one of the strangest events that took place in the village: during the 17th century, the local fishermen brought a lawsuit against the dolphins and pilot whales that lurked along the coastline, accusing them of affecting their catches, and, as they did not turn up for the court case, a notary embarked to read the sentence, expelling the animals, which, strangely enough, all disappeared. The canning industry exhibition is also worth a visit and you can enjoy the *Bandas de Gaitas*, the famous bagpipe band festival that takes place in July. And, of course you simply have to try the grilled sardines, which receive a special tribute during the gastronomic festival in August, declared of Tourism Interest, and the famous *marañuelas* (a typical Asturian sweet), which compete with those of Lluanco/Luanco. You will love them!

Tazones

Tazones maintains its royal quality as the first Spanish land that the emperor Charles V stepped on when he disembarked with his entourage for his coronation, in September 1517.

A historic occurrence that its inhabitants recreate in August, in an event declared to be of Tourist Interest, that has marked this fishing town with a long whaling tradition where national as well as foreign vessels docked. At its port arrive the captures auctioned at its market, that you will be able to taste in its famous restaurants among the picturesque alleys that make up its two neighbourhoods, San Miguel and San Roque, declared a Historic-Artistic Ensemble. Photograph yourself in the unique Casa de las Conchas, covered with different shapes, sizes and colours and with the low tide look for the fossil footprints on its coast. Tazones also boasts one of the best-preserved lighthouses on the Asturian coast. If you fancy delving deeper into the natural grandeur of its surroundings, visit the Villaviciosa Estuary Interpretation Centre.



Tazones (Villaviciosa)

Llastres

When you see the view of the port of Llastres, wedged between the sea and the mountains, you will understand why it is considered one of the most beautiful towns in Spain.

With narrow cobbled streets and houses with characteristic balconies, this town is reflected in the Cantabrian sea. This fishing village previously dedicated to the whale hunting and a stronghold against possible invasions via the coast, was distinguished as an Exemplary Town of Asturias in 2010 for its peculiar adaption to the terrain and the survival spirit of its inhabitants. At the port, you will enjoy the fishermen fishing and the auction of the fish and seafood that you can taste in its typical restaurants. From the San Roque lookout, in the high part of the town, you will have an unbeatable panorama of the town, the beaches, the Sueve mountain range and the Picos de Europa. From this point you will understand why the town itself became an indisputable protagonist of the popular television series "Doctor Mateo". Llastres offers numerous enchanting places, such as the Whalers neighbourhood, Buen Suceso Chapel, the Clock Tower and Santa María de Sábada Church. On its coast you can discover the footprints of dinosaurs and the Jurassic Museum of Asturias (MUJA).



Llastres (Colunga)



Ribadesella/Ribeseya

Ribadesella/Ribeseya

Dissected by the Sella river, this fishing village is a point of tourist reference on the East coast.

The hunting of the whale, fishing in the high seas, inshore fishing and salmon fishing, its curing industry and its maritime trade impregnate its beautiful old quarter. Its link to the Cantabrian is reflected in six ceramic panels by the famous graphic cartoonist and comedian Antonio Mingote on the Crane Walk. Enjoy its seaside path and discover other landmarks of the town, such as the Princess Letizia Walk and the Vencedores Walk - a milestone of the popular International Descent of the River Sella-, the Route of the Dinosaurs in Punta'l Pozu and Santa Barina Beach, surrounded by spectacular Indies constructions. An intense historic, cultural, marine, sporting, gastronomic and social assortment with another place of reference on a global scale; Tito Bustillo cave. Declared World Heritage by UNESCO, it is one of the most important cave art collections of Paleolithic art. Only 250 metres away, is the "Tito Bustillo" Cave Art Centre, with a permanent exhibition about the invaluable artistic collection.

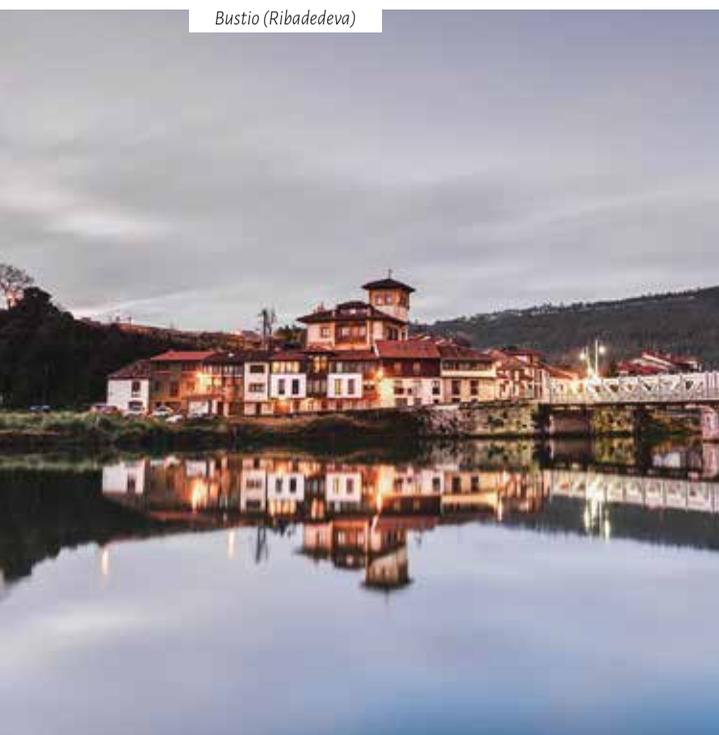
Llanes

The delights of this town between the Cantabrian and the Cuera Mountain Range, a tourist reference of Asturias, abound; the proximity to the Picos de Europa, its idyllic beaches, the fishing tradition, its cultural and social life, its gastronomy...

Go for a walk around its fishing port to transport yourself to one of the sources of wealth of the town for centuries and discover its old quarter, declared a Historic-Artistic Site and bordered by a wall built in the 13th century. It preserves the tower and numerous palaces and mansions from the 16th and 17th centuries. Spots that are combined with a wide range of shops and restaurants. This town offers you a route that will surprise you, with the Paseo de San Pedro promenade on the clifftops and the watchtower. The artwork by the Basque artist Agustín Ibarrola "The memory cubes" acts as a breakwater in the jetty. The casino and the famous Indiana houses will also attract your attention. Many of these places, as well as the marvellous beaches of the surroundings, have been movie sets for films such as "The Orphanage", "La Señora" and "Story of a Kiss". The town boasts three very popular celebrations: Santa María Magdalena and San Roque, of Regional Tourist Interest and la Virgen de la Guía, of National Interest.



Llanes



Bustio (Ribadedeva)

Bustio

On the border with Cantabria, the most Eastern fishing port of Asturias welcomes and bids farewell to visitors.

In this small, peaceful town guarded by mountains in the municipality of Ribadedeva, the mouth of the river Cares-Deva and the natural passage of migratory birds from the north of Europe to warmer areas during the coldest months will surprise you. To discover in detail the history of the fauna and flora of this reserve, we recommend the Tina Mayor Estuary Birdwatching Interpretation Centre, an educational and informative space promoted by the fishermen themselves. The town has a beautiful fishing port, tucked away under the Cañón Peak. Although the fishing tradition dates back to whale fishing, the town was consolidated as a fishing village from the 19th century onwards. Taste a good fresh fish such as pixín (monkfish) or white seabream in its restaurants and enjoy a walk around buildings with Indiana architecture, such as "Villa Delfina", very close to the old iron bridge that used to connect Asturian and Cantabrian land. In ancient times, the boat was the only way of crossing the estuary and uniting Bustio with Unquera.



More information at:

asturiastourism.co.uk/AsturianCoast/SeafaringTowns



Would you like to experience the Cantabrian sea? Delve into the stories and professions of this enigmatic coast bathed by waters that offer unforgettable experiences. Demonstrate your fishing skills, visit a market and witness the peculiar selling system, learn the preservation methods of sea products and get closer to areas of oyster cultivation and the fish farms, natural pools to keep the fresh fish and seafood alive that you can taste at the table.

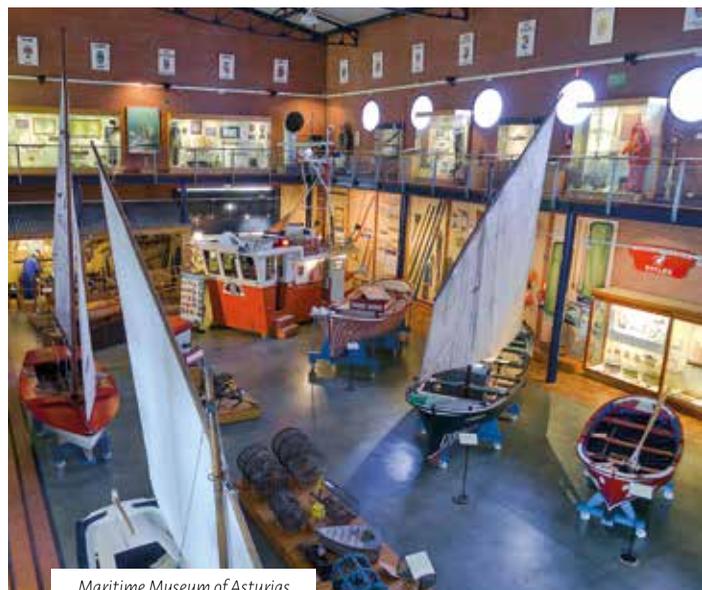
Live from the sea

Fishing, brotherhoods and markets

The sea has been a source of wealth for families of fishermen and seafarers, becoming one of their main economic resources since whale hunting. In any of the towns, you can get closer to the traditional profession and enjoy different types of sport fishing in the Cantabrian.

From the Tina Mayor estuary to the Eo estuary, delve into the lifestyle of numerous Asturian generations.

Into their ports, over one hundred and fifty different species of fish arrive, such as long-finned tuna, xarda (mackerel), jack mackerel pixín (monkfish), black seabream, white seabream, hake, red mullet; seafood such as spider crab, barnacles,



Maritime Museum of Asturias

bugre (lobster), winkles, ñocla (brown crab), andarica (velvet crab), and cephalopods such as octopus, squid and cuttlefish. The work of the elver fishermen should also be pointed out in the rivers, at its mouth, in the estuaries, carried out mainly in the dark hours in the autumn and winter months. The profession, the equipment and the products of the sea inspire centres of tourist interest such as the Maritime Museum of Asturias, in Lluanco/Luanco, and the interpretation centres “Historias del Mar”, in Puerto de Vega and “Puerta del Mar”, in L’Arena.



Products from the Cantabrian

Fish farms and aquaculture

The water of the Cantabrian enters and leaves constantly from the farm pools, which guarantees that the seafood feels like it is in its own habitat and guarantees the best quality. This is where the best products are. A visit to the farm at Antromero (Gozón) is a good opportunity to take away the freshest seafood. We also recommend a visit to the Eo estuary oyster cultivation centre, on the coast at Castropol. An area of great ecological value where this natural richness is made use of to install the grills and set up the oyster enclosures. The Cantabrian bathes them twice a day. The hours without water enable the molluscs to develop an important muscle to keep themselves closed. This means it is not necessary to give them any nutrients. Their growth process until collection is completely natural. Thus, a product goes out to the market with unbeatable gastronomic qualities. The cultivation of seafood also stands out, mainly of fine clams, in the Villaviciosa Estuary.



Fishing in the sea

Sailors make important decisions for the guild in the brotherhoods. They promote traditional fishing, care of the marine environment, good practices and responsible exploitation, and the freshness of the catch.



Fish from the Cantabrian

Added to its purely fishing-related work was its defence of the ports against attacks by pirates and foreign troops, as well as its collaboration in the transportation of passengers and merchandise to America. Throughout the Asturian coast, you will find eighteen associations with important work and social activities. From West to East, the calendar is teeming with festive events with a great turnout organised by these groups, mainly in the summer months.

Many of these brotherhoods manage the rulas, the first point of sale after unloading the product from the boats. You will witness a fantastic experience in markets such as the Avilés one and Puerto de Vega market seeing up close how the downward selling system works, where the price of the fish and seafood from the Cantabrian is lowered by small increments until a final buyer fixes the sale.

Sea ports and marinas

The ports of Avilés and Gijón/Xixón are the most important in the Principality. They stand out due to the volume of boat arrivals and catches. They are situated in the first positions on a national level due to their traffic and they offer different docks for mooring. The Avilés one, of medieval origin in the beginnings of which, it was distinguished by its monopoly over the unloading of salt, has docks for commercial, fishing and recreational use. The latter activity is carried out very close to the Niemeyer Centre, a magnificent complex from an architectural as well as a cultural and artistic point of view. Industrialisation marked the growth of El Musel, in Gijón/Xixón, dedicated also to commercial, transport of merchandise and travellers and fishing activities. The most populated city of Asturias keeps its strong link with the Cantabrian alive, embodied with particular charm in the fishing neighbourhood of Cimavilla.

Gijón Marina



Smaller in size, other seaside spots stand out such as Puerto de Vega, Luarca/L. Luarca, Cudillero, Lluanco/Luanco and Candás. In the Eastern wing, Tazones, Llastres, Ribadesella/Ribeseya and Llanes will also fascinate you. You can enjoy the uniqueness of each one and delve into the ancestral relationship between these towns and the Cantabrian. On the marinas, ideal for mooring and enjoying the sea.



More information at:

asturiastourism.co.uk/AsturianCoast/Marinas

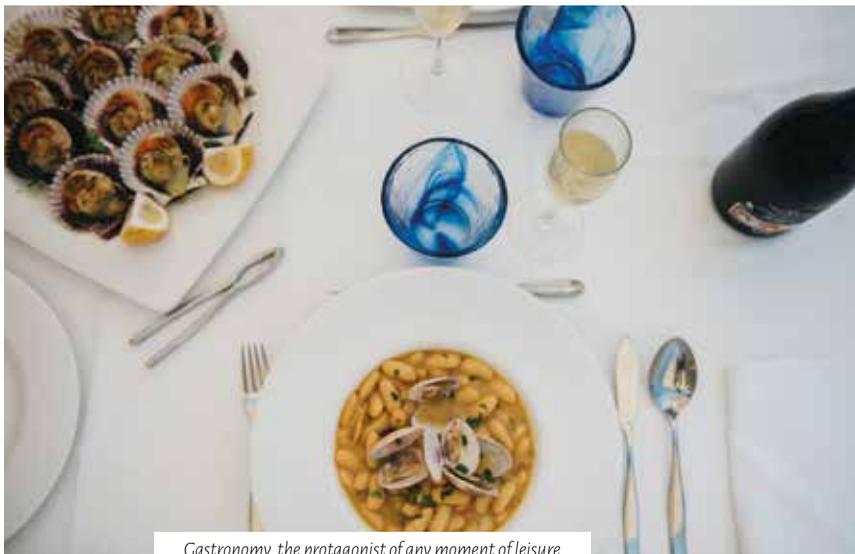
Canning

Traditional handmade procedures, such as curing, brine and vinegar allowed the canning industry to install itself in practically all the Asturian ports, mainly with a female workforce. Making the most of the unbeatable raw material from the waters of the Cantabrian, the great rise was brought about thanks to railway communications and the appearance on the market of tin containers. This encouraged the establishment of large businesses on a national level that today share the market with small manufacturers. The industry's broad selection will allow you to taste everything from traditional long-finned tuna in the North, sardines, anchovies, mussels and octopus, to oricio caviar and spider crab pâté, red scorpionfish or bugre, to cite just a few of the many types. Take the opportunity to taste the products of the largest factories in Gijón/Xixón, Avilés and Candás, with a permanent exhibition on the canning industry in an old factory, as well as small-scale production in Tapia, Cudillero, Llastres and Ribadesella/Ribeseya.



Gastronomy is a pillar of Asturian tourism and culture. The Cantabrian guarantees unforgettable experiences thanks to the fresh products and an excellent recipe book.

Taste the sea



Gastronomy, the protagonist of any moment of leisure

On this coast you eat luxuriously, with a large menu of fish and seafood, some during the whole year and others according to the season: long finned tuna from the North, hake cooked in cider, grilled sardines, red scorpionfish cake, oricios (sea urchins), mussels, llámparas (limpets), barnacles, squid... Some towns even boast typical dishes, such as curadillo from Cudillero and the oysters from the Eo and in everything you can taste jewels of the Cantabrian such as bugre (lobster) and andaricas (velvet crabs).

Delicacies with an intense flavour of the Cantabrian that you will taste with an unparalleled quality and with different recipes in the renowned hotel establishments of the fishing villages, where experienced professionals will guide you as to the best choice according to the season. Sit down and enjoy unforgettable mouthfuls.

Protagonist products at different gastronomic events celebrated throughout the year, such as the day of the elver in L'Arena and the Sardine Festival in Candás, both of regional tourist interest.

The gastronomy of the Cantabrian always reigns and it has become the axis of other relevant events, such as the disembarkation of Charles V in Tazones and L'Amuravela in Cudillero, also of tourist reference.



Products from the Cantabrian



The prestige of good food is accredited in the restaurants of the coast with distinctions such as the "Mesas de Asturias" marks -Gastronomic Excellence-, that recognise the mastery and quality of the dishes and good service and "Sidrerías de Asturias" -Natural Quality-, for the effort of those that offer the best cider to wash down those dishes, and the Michelin Stars.

Contrast predominates in the beaches of Asturias, bathed by the Cantabrian. From East to West, none of the over two hundred sandbanks where the earth and the sea blend together is replicated. They are all different. Their shapes and landscapes and their crystal-clear waters will surprise you, that make each visit a unique and different day. Their proximity to the mountains especially attracts attention as well as their different beauty depending on the tides.



El Silencio Beach (Cudillero)

From beach to beach

The Asturian coast, the best preserved in the country for its un built-up beaches and the control of the buildings in the coastal area, offers a unique natural surrounding with many possibilities. In winter, you can become a spectator of luxury and embody in your photographs the ferocity of the sea; and in summer you will enjoy a relaxing day of sun and the therapeutic benefits of bathing in saltwater in a privileged setting.

As well as the acknowledgement of the local population and tourists, the excellence of the beaches on the Asturian coast is attested by the thirteen blue flags awarded by the European Foundation of Environmental Education and by numerous stamps of quality. Asturias offers easily-accessible natural spaces, with car parks, services, recreational areas and nearby tourist accommodation.

Choose, if you can, between a secluded cove protected by the cliffs, an urban one, or an infinite sandbank to enjoy a paradisiacal day throughout the whole year. Or, if you prefer, between a secluded stay, a young atmosphere or a family one. As well as cooling off, most offer spaces for fishing and practicing sport.



Mexota Beach (Tapia de Casariego)

The Atlantic winds shape the beaches of the West, the wildest and most natural of the Principality.

The closest to the Eo Estuary, Arnao Beach (Castropol), offers you fantastic views of the Cantabrian coast; and surfing fans especially enjoy Penarronda (between Castropol and Tapia) and Anguileiro (Tapia de Casariego), one of the most valued spots in the area, as well as Frexulfe. Navia stands out due to the influence of the tides and its darker sand. In the region of Valdés, Outur is another of the tourist references of the West, with spaces for nudists in the most far out coves towards the West; and the beach of Luarca/L. luarca is sheltered from strong waves, whilst Cadavéu, also known as Ribeirona, stands out due to its peculiar shape. In Cudillero, la Concha de Artedo stands out, one of the most special in Asturias due to its shell shape, and El Silencio, another sandbank of great beauty, protected by cliffs.



Penarronda Beach (Castropol)





San Lorenzo beach (Gijón)

The central section of the Principality, with Peñas as the northernmost point, boasts beaches such as Aguilar Beach, with golden sand surrounding by large rocks that bestow it a great attractiveness;



Carranques Beach (Carreño)

the extensive sandbank of Los Quebrantos, at the mouth of the river Nalón; the elongated urban facade of Salinas, (Castrillón), of reference for surfing lovers; the dunes of the beautiful setting of Xagó (Gozón), and Xibares (Carreño), ideal for all types of people. In Gijón/Xixón, the large seaside city, noteworthy beaches are San Lorenzo Beach, one of the most popular in the Principality that stretches from Santa Catalina hill to Piles river; Poniente, an excellent artificial sandbank created above the grounds of some old dockyards beside the marina, and L'Arbeyal, the scene of numerous sporting events.



La Franca Beach (Ribadedeva)





Rodiles Beach (Villaviciosa)

The East is characterised by its fine, golden sand in a setting of indisputable beauty.

This area gathers many of the beaches renowned for being the most beautiful in Spain. The ones that stand out, to cite but a few, are the spectacular Rodiles, at the mouth of the Villaviciosa Estuary, and La Griega (Colunga), with its well-known dinosaur footprints. In Llanes, Gulpiyuri is a peculiar and unique beach separated by the rocks and the plants that receive water through an underground pipe; Buelna, a natural, family-friendly cove, and the one in Po, with the peculiarity of its protected and tranquil waters. Sandbanks of special uniqueness like the nearby blowholes of Pría, Arenillas and Santiuste. These are some of the examples of the richness of the Eastern area, such as La Franca Beach, popular since the 19th century for its old saltwater spa in the part closest to the Tina Mayor estuary.



Santa Marina Beach (Ribadesella)



More information at:
asturiastourism.co.uk/AsturianCoast/Beaches



Are you one of those people who takes to swimming like a duck to water? Jump into the Cantabrian to have fun with unforgettable experiences such as surfing. Tapia, Luarca/Lluarca, Salinas, Gijón/Xixón, Rodiles, La Espasa, Ribadesella/Ribeseya and Llanes are situated on the maps of the lovers of one of the most accepted sports in the Principality thanks to the quality of the waves and sandbanks.



Surf

Surfing Festival



Have fun in the sea

Experienced surfers rub shoulders in the water with novices. Across the whole coast, mainly in the warm months, you can learn in numerous schools, that provide you with courses as well as material for practicing. You will enjoy the quality of the waves in any of the best beaches, such as Penarronda and Grande beach in the Western area; Salinas, El Espartal and San Lorenzo in the central area; and Española beach, Rodiles and Vega in the Eastern area.

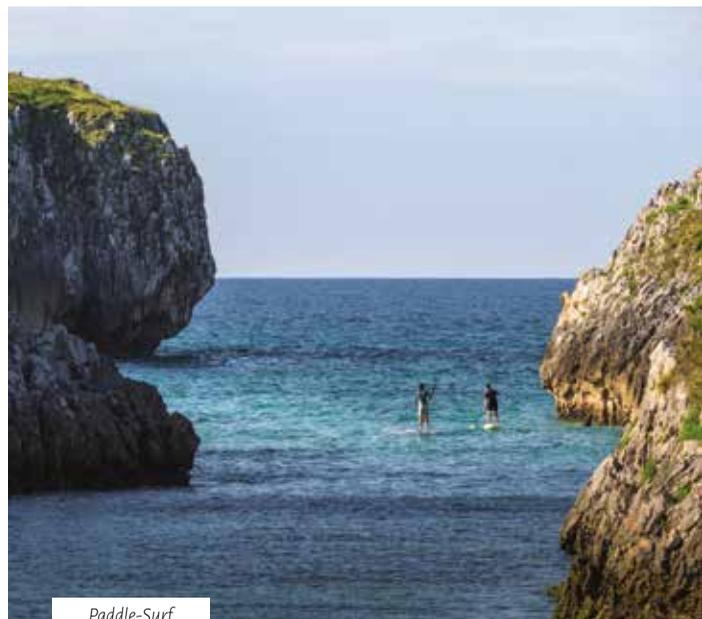
You will be surrounded by the atmosphere of events as exceptional as the Surfing Championship of Tapia (spring); in Salinas, Longboard (July), declared a Celebration of Tourist Interest, and Surf, Music and Friends (August) or Motorbeach in Caravia (July).

Fans of swimming have an event in the form of the Navia Estuary Swim, of National Tourist Interest.

Other sports such as diving, scuba diving, windsurfing, kitesurfing, water skiing, paddleboarding, jet skiing, canoeing, rowing and kayaking, amongst others also enjoy great acceptance, and will provide you a fun day in the fresh air either on the open sea or in the estuaries of the coast.

On board your own vessel or a rented one, enjoy a perfect getaway across the waters of the Cantabrian with a different perspective. Or, if you prefer, you can participate in an organised walk.

The geology and climate suit the personality of the Asturian coast, with fauna and flora representative of each natural space. The Eo, Villaviciosa and Tina Mayor estuaries have become sea bird observation centres for nature lovers.



Paddle-Surf



Atlantic gannet



Coastal path (Colunga)

For hiking, you will enjoy a network of coastal paths through spectacular landscapes.

From Bustio to A Veiga/Vegadeo, on foot or by bike, appropriate for all ages, travel in fourteen stages up to three hundred and forty-five kilometres covering beaches, cliffs, coves and forests. Discover the kilometres that separate Llanes and Celoriu; the Morís sandbank and La Griega beach, in Colunga; La Ñora and Gijón/Xixón; Arnáu and San Xuan; Navia and El Porto/Viavélez, or the distance between Tapia and A Veiga/Vegadeo, among others. Parts coincide with the official paths of the Coastal St James Way or the Northern Way. Become one of the pilgrims and enjoy on foot the coast of one of the oldest European itineraries, declared a UNESCO World Heritage Site.



More information at:

asturiastourism.co.uk/AsturiasCoast/CoastalPaths

asturiastourism.co.uk/OutdoorSports

Don't miss...



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1. Oysters from the Eo. In front of Castropol and As Figueiras, in this Biosphere Reserve you can sign up to the guided tours with a tasting session to get to know the cultivation process up close and enjoy real gastronomic tourism.

2. Riding the wave. The beaches of Penarronda, Tapia de Casariego, Frexulfe, Salinas, Rodiles and Santa Marina are stable sandbanks with no overcrowding for surfing.

3. Graveyards with unique views. Observe the coast from the spectacular cemeteries of Luarca/L.uarca and Niembru.

4. The Northernmost point. Head to Peñes, at the abyss of one of the most impressive coves of the Spanish territory and the point in Asturias that is furthest out into the Cantabrian.



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5. The footprints of the dinosaurs. Travel the route of the ichnite sites from the Jurassic in Villaviciosa, Colunga and Ribadesella.

6. Coastal path. From East to West, walk along different sections of the coastal path to discover the beaches, clifftops, coves and forests.

7. Amphitheatres on the sea. You can't miss the colourful houses and the narrow streets of Cudillero, with one of the most emblematic terrains of the Principality.

8. Movie sets. Llastres and Llanes are protagonists of television series and films by José Luis Garci, Gonzalo Suárez and Juan Antonio Bayona. Look for the movie sets!

9. Inland beaches. One of the most photographed and peculiar sandbanks is Gulpiyuri, isolated with a natural pool.

10. Natural spectacle. The Pría Blowholes (Llanes) are an impressive experience at high tide, mainly in autumn and winter, when the sea batters the cliffs more forcefully and the jet of sprayed water slinks between the rocks.

From lighthouse to lighthouse: a coast of legends

It is a pleasure to travel by car along the Asturian coastline, where the merging of the sea with the land leaves impressive natural monuments, protected landscapes and memorable sunsets on infinite beaches.

Lastres cape (Colunga) Lighthouse

Stage 1

As Figueiras-Cabo Busto

We leave the border with Galicia, which has the natural perimeter of the **Eo estuary**, Biosphere Reserve. From **As Figueiras** you will enjoy a picture-perfect view: the beauty of the coast, the arrival and departure of the fishing, merchandise and recreational vessels, the protected species of flora and fauna, the oyster farms, the bridge over the water to connect Asturias with the neighbouring autonomous community, and one of the most prestigious dockyards where, pushed by the rising tide, boats are launched to sail the seas.

The first stop on this route is **Tapia**, a town with a tradition of whaling, far-out in the Cantabrian sea, where sailors approach the land by the light of the lighthouse. It is located on an island that can be accessed by walking from the port and crossing a one hundred-metre-long jetty. Inaugurated in 1859, this lighthouse underwent two extensions, in 1922 and 1962, until it was composed of a square body with the watchtower attached to the north face of the building. From up high, we will enjoy a spectacular view of the whole coastline, all the way to Galicia. Very close to here is the Percebosa, considered by locals as one of the best rocks for catching barnacles.

A few kilometres away, (if we drive along the coast, we can enjoy towns such as **El Porto/Viavélez**; another option is to go directly via the motorway) we arrive at the **San Agustín lighthouse**, in **Ortigueira**, on the Western bank of the **Navia** estuary, which also



has spaces intended for naval shipbuilding. Erected in 1973, this lighthouse is located in a landscaped environment beside the San Agustín chapel and it stands out due to its eighty-two-metre-high cylindrical silhouette and its characteristic horizontal black and white stripes. It is an ideal place for photography lovers.

Time permitting, it is worth making a stop in the town of **Puerto de Vega**, declared an Exemplary Town of Asturias in 1995, to enjoy its beauty and taste its fish and seafood. On the way is the Barayo Partial Natural Reserve, an area with cliffs, dunes and plateaus with botanical species of enormous interest. In **Lluarca/Lluarca**, it is worth your while to sit at the table of one of the restaurants at the port. After this rest to recharge our batteries, we continue the tour on foot from the pier of the White Town on the Green Coast to the watchtower. At three hundred metres from the centre of the town,

this collection is perfectly integrated with the cemetery and the remains of the defensive wall built in the 16th century to protect against French and English attacks. This lighthouse has a house inside it, and the tower is on the Western face. We will hear its siren on a radio from ten miles away.

At this point, we advance in parallel to an area of special interest and great natural value, due to the Protected Landscape of the Western Coast between Valdés and Cudillero. With the afternoon already upon us, the last stop of the day is **Busto cape**, surrounded by vertical cliffs and beautiful beaches and coves. If the daylight hours allow it, we will be able to enjoy a perfect end to the day: the sun hiding itself in the Cantabrian sea. Here, at this lighthouse built in 1858, this first route ends.

Stage 2

Cadavéu - L'Arena



We will start a new day caressed by the breeze of the Cantabrian, advancing from **Cabo Busto** eastwards along the coast, enjoying the marvellous beaches of **Cadavéu** and **Silencio** to **Cabo Vidio**, one of the most beautiful clifftops of Asturias. If it is clear, you will observe points such as Cabo Peñas. A walled enclosure protects the lighthouse of the town of **Oviñana**, on the edge of a hanging cliff. Its illumination reaches a distance of one hundred metres above sea level. At its feet is the *Iglesiona*, one of the hidden treasures of the Asturian coast. It is a magical place that you can visit only at low tide, paying careful attention to the timetables of the high tide to avoid a scare. This sea cave, sixty metres high, is reminiscent of the dome of a temple and is one of the biggest attractions in the area. It will leave you dumbstruck!

If we have time, we will make a stop at the **Concha de Artedo** before heading to the town of **Cudillero**, the best Asturian amphitheatre in whose restaurants you can taste a great variety of dishes linked to the sea, the most unique being curadillo, a shark dried in the open air, alongside the popular hake skewers. From here, we will visit the lighthouse, at Roballera Point, in the Eastern part of the port. This construction, built in 1858, substituted the traditional signage system with stakes, lit for centuries by the Pixuetos (natives of Cudillero).

You will find Aguilar Beach on the way to the next destination, the **San Esteban** estuary. On the Western breakwater of the entrance to



Tapia de Casariego Lighthouse

the port, its little cylindrical lighthouse can be found. Make the most of your stay to enjoy the mouth of the River Nalón and its merging with the Cantabrian Sea in this beautiful setting. Wander through what used to be the only coal port in Spain and end the day in L'Arena, famous for its link with the elver where, after taking a walk around this peaceful setting, the delicious range of gastronomy will surprise you.

Stage 3

Salinas-Candás

We leave for **Salinas**, with one of the most bustling beaches in Asturias and a renowned range of gastronomy. Further down the road, we will find **San Juan lighthouse**, on the so-called Castillo Point within the municipality of Gozón. From here, you will enjoy some marvellous views of the Avilés Estuary. Curiously, you should know that this lighthouse was built from 1861 onwards with part of the material of an artillery battery to defend against attacks by English pirates. Avilés offers numerous delights, therefore it is worth your while to make a stop there to enjoy it.

Circulating the beaches of **Xagó** and **Verdicio** to our left, we ascend via the coast to the most far-out point of Asturias in the Cantabrian Sea, **Peñes**. Its steep cliffs, of up to one hundred metres high, give this spot a unique personality. An easily-accessible ensemble with unbeatable beauty established as a balcony onto the ocean. After crossing the wooden walkway that helps preserve this space of enormous natural value, we will find the lighthouse, in operation since 1852 with a special attraction; on its lower floor it houses a museum featuring watchtowers, shipwrecks and storms, the sea and the marine environment and **Gozón**, the municipality to which it belongs. At **Vaca Point**, you will find an excellent sea bird observation point.

After enjoying this reserve that will end up engrained in our memory, we head towards **Lluanco/Luanco**, one of the fishing villages influenced by its proximity to Peñes. We will walk through the old quarter and we can take the opportunity to enjoy its stoves before visiting the Maritime Museum and taking a walk to the church on the seafront. And to end the afternoon, what could be better than heading to **Candás**. We will walk around the port up to San Antonio Point, where the lighthouse on the edge of the cliff has guided sailors on dark nights since 1917. It was used as a stronghold for the defence of the coast in the 18th century. There, three cannons were installed, which were dismantled once the war with England was over. You can visit them in a small recreational area known as **Prau de Gervasia**.



Stage 4

Gijón/Xixón-Villaviciosa

Cabo Torres, in **Gijón/Xixón**, our departure point, has played a strategic role by illuminating not only sailors but also war ships, travellers and merchandise since time immemorial. The construction of **El Musel port** and the demolition of the old Santa Catalina watchtower inspired the erection of this construction, inaugurated in 1924, in a unique spot. Inside, we will find a museum space with the history of Gijón bay and outside, a graphic lookout with the sea birds of the area. This peninsula offers us the remains of the Pre-Roman fort of Asturian origin of **Campa Torres**, known as



Candás Lighthouse (Carreño)

Noega. We will visit **Campa Torres Archaeological-Natural Park** and we will discover the origins of this city linked to the sea.

This large city bathed by the Cantabrian, one of the main metropolises of Asturias, offers us a plethora of possibilities, therefore it is worth, if you can, dedicating more than one day of tourism to it. We will wander through the fishermen neighbourhood of **Cimavilla** to taste the sea flavour of the streets. It is perched on the **Santa Catalina hills**, crowned by the sculpture of "El Elogio del Horizonte", by Eduardo Chillida. At its feet we will find the old fish market, turned into an exhibition hall, offices and a restaurant; the marina and the beaches of **Poniente** and **L'Arbeyal**. On the other side, the imposing gothic **San Pedro church**, the museum with Roman spas practically in its underground and **San Lorenzo beach**, with an obligatory stop at **La Escalera**, one of the most emblematic entrances of the sandbank. Don't forget to visit the Birthplace Museum of one of its "favourite sons", the illustrious **Gaspar Melchor de Jovellanos** and the **Lavadero**, traditionally a meeting point of fishermen and net menders and today turned into one of the places with the most atmosphere in the city. If your stay allows it, visit the Aquarium. Don't miss the opportunity of having a cider and tasting traditional Asturian seafood cooking either.

The route continues along the coast, in parallel to the beaches of **La Ñora** and **España**, until we reach **Tazones**, with one of the best-preserved lighthouses in Asturias. It has been in operation on **El Olivo Point** since 1864 in a large landscaped area with beautiful views. Its shape is octagonal, with a spiral staircase inside which the lighthouse keeper used to climb to access the lantern that illuminated the Cantabrian.



Stage 5

Llastres - Ribadesella/ Ribeseya



On this day, we moor up in the town of Lluces, making a detour to **Cabo de Lastres** lighthouse, one of the most well-known scenes due to the popular series "Doctor Mateo". It was built in 1994 at the summit of a cliff, which makes it the youngest in Asturias. Located in a marvellous setting of meadows and cliffs, what better way to start the day than with fabulous views of places such as Rodiles Beach and Tazonos Point. From here, we get back in the car and head towards **Llastres**, a town that we cannot miss. Its beauty, its cobbled streets and its privileged proximity to the Cantabrian, in which it is reflected, will especially surprise you.

From here, one of the options for following the footprints of dinosaurs that populated the area is to head to the **Jurassic Museum of Asturias** (San Telmo coastal plateau), a privileged place due to its views over the Asturian coast, the content of which will fascinate you, since it houses an exhibit of these impressive reptiles, with real size replicas.

From this point, along the coast, we will travel in parallel to the beaches of La Griega, La Isla, Espasa and Vega, declared a Natural Monument, until we reach the **Tereñes lighthouse**, in Ribadesella. In this watchtower on the summit of mount Somos, built in 1861, the interpretation centre about El Cachucho is located, the first protected area in the ocean in Spain, an underwater mountain in the Cantabrian over sixty-five kilometres long.



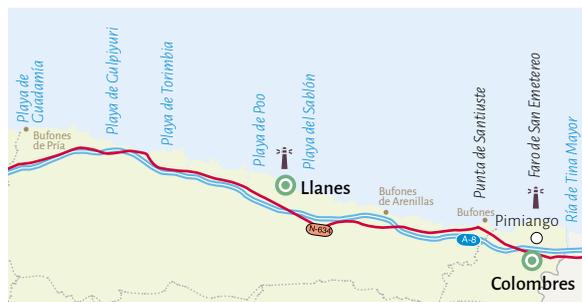
Ribadesella/Ribeseya

We will end the day in **Ribadesella/Ribeseya**, one of the localities that will surprise you with its proximity to the Cantabrian and the mountains. We will take the opportunity to travel to fundamental points in this town of tourist reference such as the Crane Walk, the historic route of the port and the Princess Letizia Walk. We will recharge our batteries in one of its excellent restaurants. What better way to end this route!

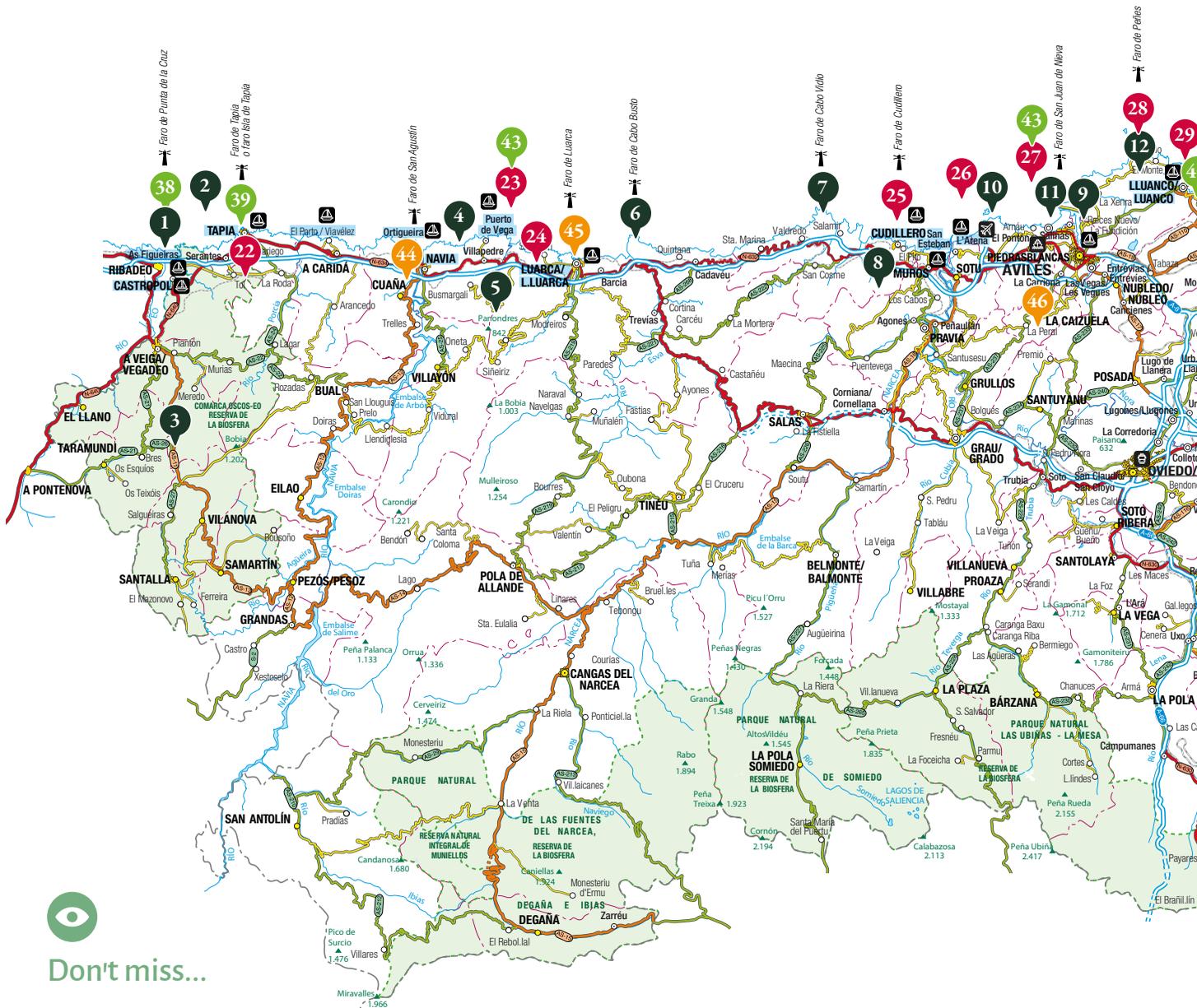
Stage 6

Llanes-Tina Mayor

It is almost essential to make a stop at the beautiful beaches of Guadamía, Gulpiyuri, Torimbia and Po before arriving at **Llanes**, a tourist town par excellence of Eastern Asturias. We recommend a journey along the San Pedro Walk to observe from this natural lookout of this fishing village of medieval origin, El Sablón Beach and the summits of the Cuera Mountain range. The fishing port and marina are other attractions of this town in which Agustín Ibarrola has left as a legacy the popular "Memory Cubes." The stronghold from where enemy boats were cannoned until the 20th century and the old quarter will also attract your attention. At the end of the San Antón Walk, we will find **the lighthouse**, built in 1860. Its tower survived the fire of 1946 and it is the original in this octagonal construction on top of the cliffs.



After enjoying its famous gastronomy, we continue the route to observe the natural spectacle of the blowholes. In Asturias, there are three points of reference: **Pría**, **Arenilla** and **Santiuste**, turned into open chimneys in the rock of the cliffs where the water spray comes out. This curious phenomenon will not leave you indifferent! We advance along the road parallel to the coast, declared a Protected Landscape of the Eastern Coast, and we say goodbye at the **San Emeterio lighthouse**. Built on the edge of the cliff in 1852, it is the most Eastern of Asturias being located in **Pimiango**, in Ribadedeva council. It also stands out due to its distance from inhabited places. It is practically hidden in a holm oak forest close to the Pindal cave, with cave paintings from the Magdalenean and the remains of the Romanesque monastery of Santa María de Tina. In **Tina Mayor**, the estuary that marks the border of Asturias with Cantabria, you will find the perfect spot for deepening your knowledge about plant and sea species at the birdwatching interpretation centre.



Don't miss...

Explore paradise

1. Landscape of the Eo Estuary
2. Penarronda Beach Natural Monument (Castropol, Tapia de Casariego)
3. Ocosos-Eo Biosphere Reserve
4. Frexulfe Beach Natural Monument (Navia)
5. Barayo Partial Nature Reserve (Navia, Valdés)
6. Cabo Busto
7. Cabo Vidio
8. Las Dueñas peatland Natural Monument (Cudillero)
9. Zeluán pond Natural Monument and Llodero cove (Gozón, Avilés)
10. La Deva Island and Bayas beach Natural Monument (Soto del Barco, Castrillón)
11. El Espartal Beach Natural Monument (Castrillón)
12. Peñas
13. Ichnite Sites Natural Monument (Gijón, Villaviciosa, Colunga and Ribadesella)

14. Villaviciosa Estuary Partial Nature Reserve
15. Lastres Cove
16. Entrepeñas Natural Monument and Vega Beach (Ribadesella)
17. Pría Blowholes (Llanes)
18. Gulpiyuri Beach Natural Monument (Llanes)
19. Arenillas Blowholes (Llanes)
20. Cobijeru Beach Natural Monument (Llanes)
21. Santiuste Blowhole (Llanes, Ribadedeva)

Museums and Research Centre related to the coast

22. "Los Señores de las Casas Palacio" Interpretation Centre (Tapia de Casariego)
23. "Historias del Mar" Interpretation Centre (Puerto de Vega - Navia)
24. El Parque de la Vida park (Luarca/Lluarca - Valdés)
25. Los Selgas Palace (Cudillero)



- 26. “Puerta del Mar” Nalón Estuary Interpretation Centre (L’Arena - Soto del Barco)
- 27. Philippe Cousteau Anchor Museum (Salinas - Castrillón)
- 28. Marine Environment Interpretation Centre in Peñas
- 29. Maritime Museum of Asturias (Lluanco/Luanco - Gozón)
- 30. Canning Industry Museum (Candás - Carreño)
- 31. Antón Museum Sculpture Centre (Candás - Carreño)
- 32. Gijón Aquarium
- 33. Villaviciosa Estuary Interpretation Centre
- 34. Jurassic Museum of Asturias -MUJA- (Colunga)
- 35. Tito Bustillo Cave Art Centre (Ribadesella)
- 36. Aula del mar (Llanes)
- 37. Tina Mayor Estuary Birdwatching and Interpretation Centre (Bustio - Ribadedeva)

Experiences concerning the sea

- 38. Eo Estuary oyster cultivation centre (Castropol)
- 39. The Old Fisherman Canning (Tapia de Casarigo)
- 40. Antromero Fish Farm (Gozón)
- 41. Talasopniente (Gijón)
- 42. “Las Rederas” Net Workshop (Colunga)
- 43. Live auctions in fish markets (Puerto de Vega, Avilés, Llastres, Ribadesella/Ribeseya)

Culture, tradition and ethnography on the coast

- 44. Mohías Fort (Coaña)
- 45. Cemetery in Luarca/L.Luarca (Valdés)
- 46. La Carriona Cemetery (Avilés)
- 47. La Campa Torres (Gijón)
- 48. Tito Bustillo Cave (Ribadesella)
- 49. Cemetery of Niembro (Llanes)
- 50. El Pindal Cave (Ribadedeva)

Asturias



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